



Answer to Cancer

A special philanthropic invitation



Cleveland Clinic Indian River Hospital is grateful for the continued partnership with Answer to Cancer to advance our work in Cancer care.

At Cleveland Clinic, compassionate care and innovation are at the core of everything we do. We are committed to elevating care in medical specialties that address our community's greatest health concerns.

Looking forward to the future of healthcare at Cleveland Clinic Indian River Hospital, our leadership is focused on expanding and enhancing our medical and surgical services throughout our healthcare system, and particularly, the Scully-Welsh Cancer Center (SWCC).

With a clear vision for the future of the SWCC, medical director Anastasia Tousimis, MD, and her team are poised to provide enhanced oncology care for patients and families. Dr. Tousimis is a nationally known breast surgical oncologist, and her passion for treating women with breast cancer will spur recruitment of innovative specialists and draw patients throughout the region.

Answer to Cancer provides invaluable capital and programmatic support to SWCC. Through our philanthropic partnership, we can continue to expand our cancer services and provide the highest quality of care to our patients and their families in this time of need.

Philanthropy serves as the crucial link between our current success and the future of medical breakthroughs. Please join us as we look towards the future and the next innovation to care for patients and their families today and to benefit our patients for years to come.

Philanthropic support is crucial to sustain our mission of advancing innovation and delivering the highest quality of care to our patients and their families. With your gift, you can help ignite transformative endeavors in our groundbreaking approach to holistic care.

- Through the generosity of ATC, we successfully launched our Food Cart in 2023. Recognizing the program's success and the pressing need for additional resources, SWCC seeks support to add a **second Food Cart** dedicated to patients undergoing chemotherapy. Introducing an additional food cart seeks to have a greater impact and extend access to more individuals, addressing the various challenges faced by patients with advanced cancer, including problems with eating, nausea, and resulting poor nutrition.
- The Integrative Medicine Program at SWCC takes a holistic approach by integrating elements of complementary and alternative medicine into comprehensive treatment plans alongside traditional oncology treatment. SWCC is actively looking to incorporate new additions to its Integrative Medicine Program, including:
 - **Psycho-Oncology:** Caregivers specializing in Psycho-Oncology work closely with cancer patients, offering personalized treatment plans to cope with emotional stress throughout all phases of the cancer experience.
 - **Yoga:** As an active practice, yoga's benefits extend beyond building physical strength and flexibility. Research has shown that yoga strengthens the immune system and lymphatic function, reduces cancer-related fatigue, improves sleep, decreases anxiety, increases bone density, and aids in managing common side effects, overall increasing a patient's well-being.

On behalf of the countless patients and families who will benefit from our renewed partnership, thank you for your consideration.